

YOUR JOURNEY WITH **ASIAMOTIONS**



THE
**ANGLOPHONE
BRITISH
CURRICULUM**
INTERNATIONAL SCHOOL

YEAR 9

13th-16th

April 2026



OUTDOOR EDUCATION SPECIALIST IN VIETNAM



Founded
in 2013



International
Multicultural



300 events
up to date



Regular
training



Safety
first



OUR MISSION

ASIAMOTIONS is providing
experiential outdoor programs for
children and adults
in Vietnam



Outdoor
education



Environmental
awareness



Team
spirit



Social
responsibility



Healthy
lifestyle

OUR VALUES

SCHOOL TRIP

LEARNING OUTSIDE
THE CLASSROOM



TEAM BUILDING

EMPOWER YOUR TEAM



HOLIDAY CAMP

OUTDOOR ADVENTURE
FOR CHILDREN



AWARENESS + PREPARATION = SAFETY

TRIP LED BY QUALIFIED STAFF



EXPERIENCED AND FIRST-AID
TRAINED STAFF
(CPR + Pool Lifeguard)



RISK ASSESSMENT
(Emergency procedure
for each activity)



AN ADVENTURE IN HUE IMPERIAL PALACE

Departure Date/Time: Monday 13th, April 2026

Meet Time: 6:45 am

Meeting Place: Main gates of ABCIS Secondary Campus

Please ensure that all students arrive on time. We want to arrive on time, as this will harm the itinerary. As we are taking flights to and from Hue, we will leave promptly. No refunds can be issued due to late arrival at school.

Flight Time

Flights:

Flight No.	Date	Route	Departure	Arrival (Land)
VN1370	13 Apr	SGN → HUI	11:05	12:30

Passports -

All students should hand in the correct travel documentation (a valid passport and visa or residency card for non-Vietnamese students, or a Passport for Vietnamese students) to Ms. Ni in the Secondary office by 6th April. The documents will be kept in the school safe until departure. Please ensure that you have provided the school with your child's passport, and visa by this date at the latest so that documents can be checked.



ACCOMMODATION

Rooming

Pupils will have the opportunity to select their room mates and I will then work out roomings to the best of my ability.



Saigon Morin hotel (Hue)

Students

- 2 - 3 students per room
- Separated area for boys and girls

Teachers

- Teacher rooms are located on each floor

YOUR TRIP WITH ASIAMOTIONS



	BRE AKF AST	MORNING	LUN CH	AFTERNOON	FREE TIME & SHOW ER TIME & REFLE CTION TIME DINNER	NIGHT
DAY 1		Transfer to Hue by plane		<u>S.U.P experience</u>		<u>Quiz night</u>
DAY 2		<u>Citadel race</u>		<u>Thien Mu Pagoda</u> <u>Team building games</u>		<u>Ao Dai show</u>
DAY 3		Transfer to Alba hot spring resort <u>Ropes course</u> <u>Zipline</u>		<u>Local Hue craft activities</u> <u>Hot spring & Swimming pool</u>		<u>Hue traditional dance Music show</u>
DAY 4		<u>Hue hope center craft</u> Check out & Packed Lunch	PAC KED LUN CH	Flight back to HCMC		



HUONG RIVER – S.U.P EXPERIENCE



SKILL GAME



DIFFICULTY

Rashvests/Appropriate clothing must be worn.



Pupils need to bring appropriate footwear:
Sea shoes/old trainers.

Benefits for students

- Build balance and confidence on the water
- Learn safe paddling techniques
- Enjoy a fun and adventurous outdoor activity

CITADEL RACE



ADVENTURE GAME

DIFFICULTY



Benefits for children

- Explore Hue's Citadel through a scavenger hunt
- Learn history in an active, engaging way
- Enjoy the thrill of racing with teammates

QUIZ NIGHT NIGHT TIME

DIFFICULTY



Benefits for children

- Strengthen teamwork and collaboration
- Expand general knowledge
- Engaging, fun, and educational experience

THIEN MU PAGODA

DIFFICULTY



ADVENTURE GAME



Benefits for children

- Take a boat to Thien Mu Pagoda
- Discover Hue's oldest and most iconic temple
- Explore a cultural and spiritual landmark

TEAM BUILDING GAMES



TEAM GAME



DIFFICULTY



Benefits for children

- Join fun, team-based challenges
- Strengthen problem-solving skills
- Build teamwork and communication

AO DAI SHOW



CULTURE
EXPLORATION

DIFFICULTY



Benefits for children

- Experience wearing the traditional Ao Dai
- Take part in a cultural fashion showcase
- Discover the history and evolution of Ao Dai

ROPE COURSE



ADVENTURE



OUTDOOR
SKILLS



DIFFICULTY



Benefits for students

- Build outdoor skills and confidence
- Boost team morale through shared [challenges](#)
- Push personal limits in a supportive [environment](#)

Pupils progress through this incrementally:
Level 1 - Level 2 - Level 3 etc.

ZIPLINE



ADVENTURE



DIFFICULTY



Benefits for children

- Enhance coordination and confidence
- Provide a thrilling adventure experience
- Enjoy the outdoors in a fun, active way

Staff will check helmets and harnesses for each pupil.

TRADITIONAL ART & CRAFT



SKILL CRAFT



CULTURE
EXPLORATION



DIFFICULTY



Benefits for children

- Experience Hue's traditional crafts firsthand
- Learn the cultural stories behind each craft
- Boost creativity through hands-on making

HOT SPRING



RELAX TIME

Rash vests/Appropriate clothing
must be worn.



Benefits for children

- Relax in natural hot springs
- Refresh in the swimming pool
- Enjoy a peaceful setting



SKILL CRAFT

DIFFICULTY

TRADITIONAL MUSIC SHOW



Benefits for children

- Support a meaningful social cause
- Learn Hue's traditional crafts hands-on
- Engage with and empower the local community

Benefits for children

- Discover Hue's royal music and dance
- Experience Vietnam's rich artistry
- Connect with cultural heritage

Return To ABC

Flight Time

VN1371	16 Apr	HUI → SGN	13:05	14:35
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Collection Time

Return Date/Time at ABCIS: Thursday, 16th April 2026

Collection Time: 4:30pm

Collection Point: Main gates of ABCIS Secondary Campus

Please be at the school at 4:30 pm latest to collect your child.

FOOD

AsiaMotions ensures that the students get healthy, wholesome and nutritious meals during the trip. We also collect diet requirements & allergies prior to the trip to fit to each and every student's needs.

Our meals comprise of:

Wholesome grains (**cereals**)
Meat/Poultry (**proteins**)
Beans/Vegetables (**greens**) Fruits
(**dietary Fiber**)
Dairy (**calcium**)



ACCESSING THE PICTURES



1

BEFORE THE TRIP

The school will send you 1 link with password to access the pictures

<https://www.smugmug.com/>

2

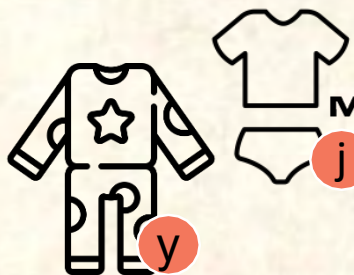
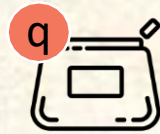
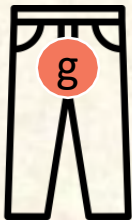
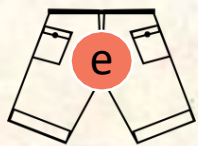
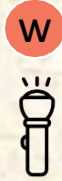
DURING THE TRIP

From 9pm to 12am (after activities)
Photographers upload pictures

On the following day
You can access pictures with link and password



Packing List



Min 1/day



- a. 1 small suitcase/bag for clothes
- b. 1 small backpack (bus trip, hiking)
- c. 2 T-shirts/day (NOT 100% Cotton, Dri-fit recommended!)
- d. 2 long sleeved T-shirts
- e. 2 or 3 pairs of shorts or skorts
- f. 1 warm jumper
- g. Some light trousers
- h. 2 pairs of closed toed shoes /sneakers (details to follow)
- i. Sandals/flip flops for the evening
- j. 1 pair of underwear/day (minimum)
- k. 1 pair of socks/day (minimum)
- l. 1 swimming suit
- m. 1 raincoat/poncho
- n. 1 cap/hat
- o. 1 bathing towel
- p. 1 swimming pool towel
- q. Toilet kit
- r. Plastic bag for wet clothes
- s. Water bottle
- t. Sunscreen
- u. Insect repellent / Insect bite cream
- v. Sunglasses
- w. 1 flashlight/torch
- x. 1 small hand sanitizer
- y. 1 set of pajamas/ sleeping clothes



READY FOR ACTIVITIES?

Before going to the Meeting Area for activities, make sure you are fully prepared with:

1. CORRECT CLOTHING FOR THE ACTIVITY & WEATHER

2. APPROPRIATE FOOTWEAR



- LAND ACTIVITIES:**
- Training Shoes
 - Sneaker Shoes



- WATER ACTIVITIES:**
- Water Shoes
 - Old Shoes



NOT:

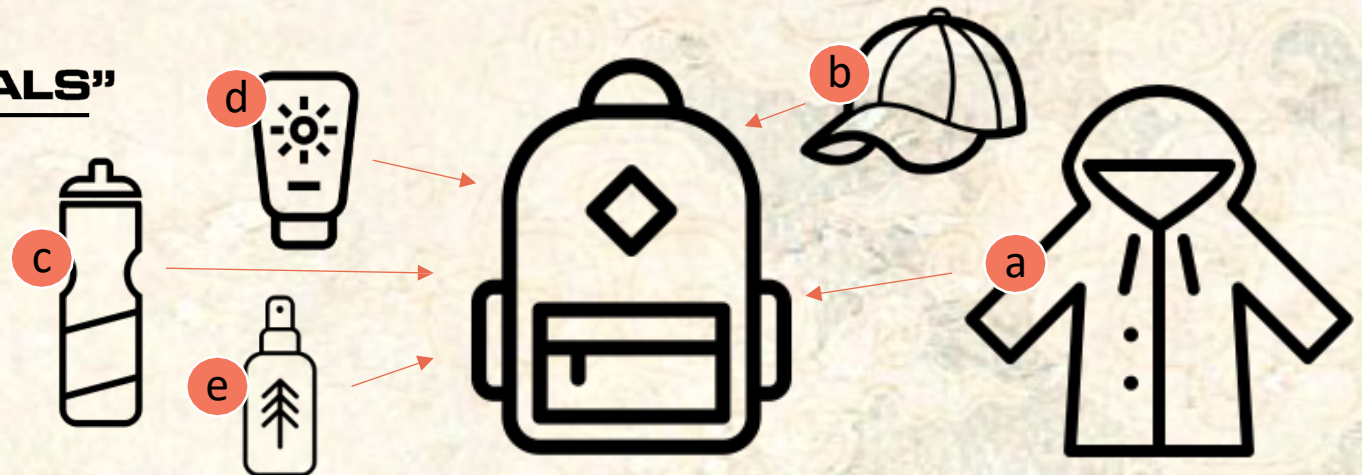
- Crocs
- Flip flops
- Sandals
- Sliders



3. BACKPACK WITH THE "5 ESSENTIALS"

5 Essentials (inside your Backpack):

- a. Rain coat/Poncho
- b. Cap/hat
- c. Water bottle
- d. Sunscreen
- e. Insect repellent / Insect bite cream





Footwear - General Activities

For ALL Land based activities (Ropes Course, Archery, Rock Climbing, etc.) footwear must be:

- Securely fastened on feet
- Adequate grip & protection
- Enclosed Toes
- Adequate support for growing feet!



TRAINING SHOES

- Good Grip
 - Snug fit
- NB. May get wet/dirty!



SNEAKER SHOES

- Good Grip
 - Snug fit
- NB. May get wet/dirty!



NOT:

- Crocs
- Flip flops
- Sandals
- Sliders

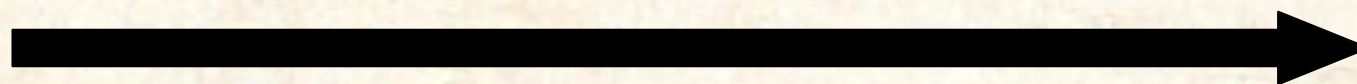


Watersports Footwear

For Watersports (Kayak, SUP, Raft Building, Canyoning) footwear must be:

- Securely fastened on feet
- Enclosed Toes
- Adequate grip

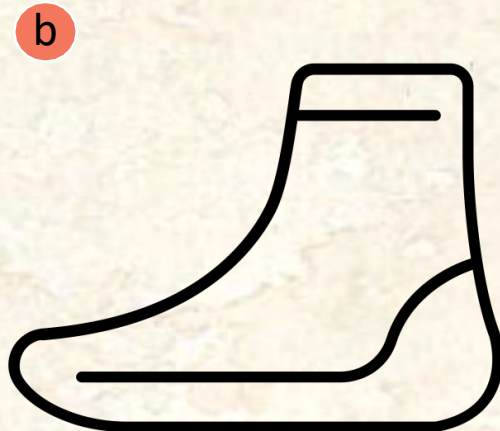
IDEAL



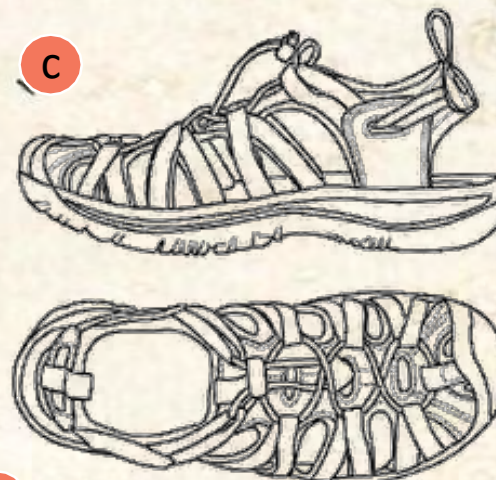
ADEQUATE



- a WATER SHOES**
- Good Grip
 - Ankle Support
 - Snug fit



- b NEOPRENE BOOTS**
- Good Grip
 - Snug fit



- c CLOSED TOED SANDLES**
- Good Grip
 - Snug fit



- d OLD TRAINERS**
- Old/Worn
 - A little small with socks, but will fine without socks!

NB. This footwear will get wet!



Freetime Footwear

RELAX & CHILL:

- Crocs
- Flip flops
- Sandals
- Sliders



NO BARE FEET!!!



PLAY SPORTS GAMES, WE RECOMMEND:

- Training Shoes
- Sneaker Shoes



Friday 17th April

School as normal

Reminders:

ABC rules apply for the duration of the trip. You will be expected to make arrangements for your child to return home if their behaviour poses a danger to themselves or another student.

Packing list is in the Google Classroom

Jeans are not appropriate for active activities.

Rain chance is low but still a potential - daytime temperatures of up to 33 degrees.

Phones

Phones and devices will not be permitted on the trip. This is for several reasons:

We have an opportunity to “detox” and reconnect with each other in person.

There will be no safe place for devices to be stored and may get damaged

Access to phones often leads to increased homesickness as students feel the need to communicate with parents.

My emergency contact number will be shared with you before the end of this week.

Communication

You will receive an email informing you of our safe arrival on Monday.

Following this, you will have access to photographs from our days activities. A link and password for this access will be shared with you nearer the time.

My emergency contact number will be shared with you before the end of this week.

Medication

If your child is taking any prescription medication please give it to Nurse Ms Mary Joy before the trip, clearly marked with instructions on when to administer it.

This includes pain medication such as paracetamol. This is because we would prefer to ensure that this is safely administered and that children are not taking their own medication.

Both the school and AsiaMotions will carry first aid kits and have up to date training.

Children have been asked to give details of dietary requirements and allergies. (Please update with the school nurse if you need to.)

And finally

Thank you for your support of the trip. It is an important aspect of a child's development and particularly necessary after the last couple of disrupted years.